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A PROJECT OF LIFE SKILLS-BASED EDUCATION

THE DEVELOPMENTALIST



Words of Patron



MR. MUBASHIR BANOORI
CHIEF EXECUTIVE OFFICER

council members, 96 transgender persons and more than 100 young scouts on the notion of LSBE, RHR and leadership skills so that they can make responsible decisions regarding their safety, health and wellbeing. Furthermore, with assistance of UNFPA, ACT has taken initiative to make a separate LSBE curriculum for differently abled young people. This new LSBE curriculum for young people with disabilities has been validated by relevant experts. We have also developed a strategy for enrollment of Out of School Children. For this purpose, ACT conducted FGDs with children and also ensured participation of caretakers of the children including their parents/guardians.

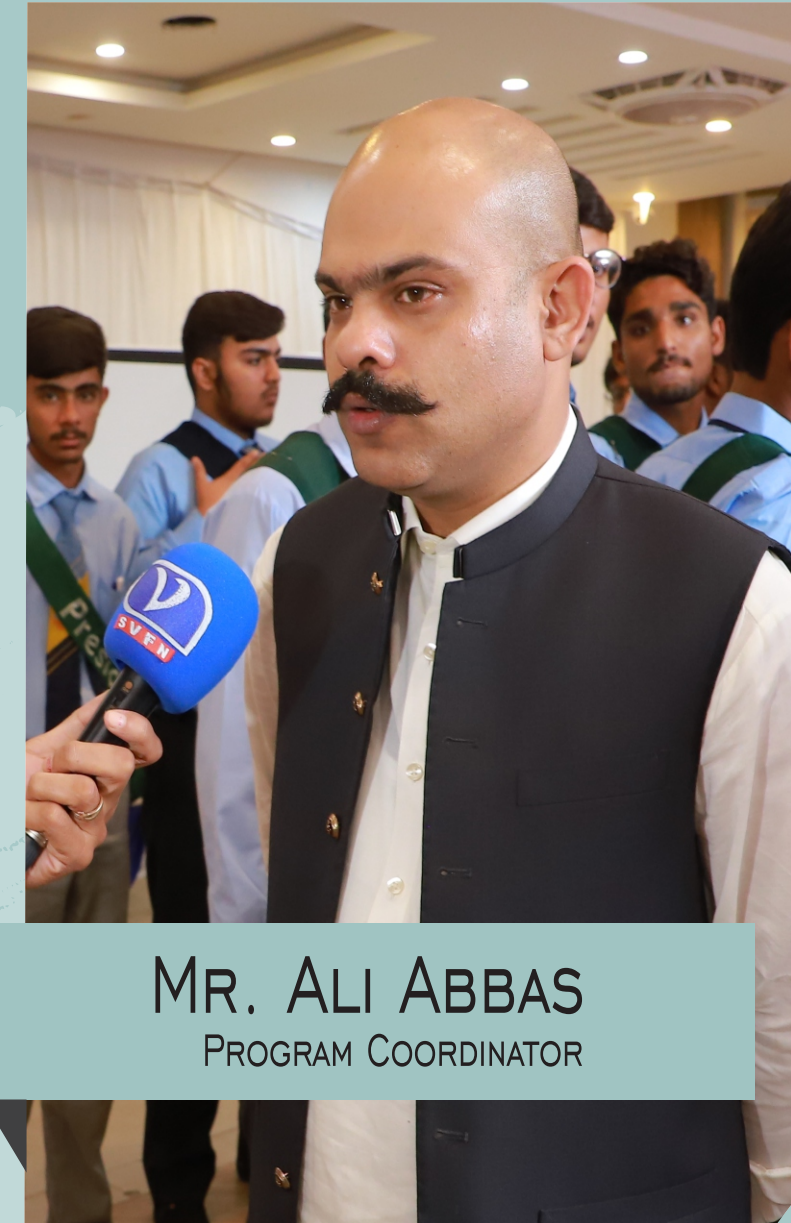
As one of the first actions under the strategy, ACT promoted a helpline; 1234. where children can gain information about how they can resume their education easily.

Other than LSBE which is a development response, ACT has been devoting the remainder of its resources towards flood emergency response programs in 2022s. In collaboration with UNFPA, ACT in this regard and established Women and Girl's Friendly Spaces (WGFS) in a community owned vacant building which ACT then renovated and equipped with all necessary items to facilitate women and girls and provided medical health services through Medical Health Units (MHU) to flood affectees in District Rajanpur, South Punjab.

Lastly, I would like to appreciate all of my team at ACT who worked very hard to deliver a strong performance in the development of youth through promotion of LSBE across Pakistan.

LSBE remains an important component of ACT's work in 2022. ACT, an implementing partner of UNFPA, has achieved great accomplishments in the execution of the program, engaging with Federal and Provincial Govt stakeholders. Through ACT's efforts, the Government of Pakistan also recognized LSBE as an important field in the education sector and made it a part of National Curriculum of Pakistan. In 2022, ACT held numerous events in order to build up a great number of master trainers on LSBE for the purpose of scaling up the training program across Pakistan. The program is being implemented in different regions of Pakistan mainly AJK, KP, GB, ICT and South Punjab. During these sessions, ACT has trained 760 primary school teachers, 120 young student council

Words of Editor



MR. ALI ABBAS
PROGRAM COORDINATOR

measures. LSBE is a strategy for helping youth prepare for the future that is yet to be seen, further adding value to many in the Sustainable Development Goals (SDGs), including SDG 3 to ensure the health of our population and improving wellbeing for everyone, regardless of age and SDG 4. Ensure the accessibility and quality of education for all and encourage lifelong learning.

Life Skills-Based Education (LSBE) is a fundamental human right defined in the United Nations Convention on the Rights of the Child (UNCRC), specifically, rights to educational opportunities to ensure children's development to the fullest extent. The education of children through LSBE also protects against any form of abuse, including physical or mental injury and abuse and inattention or careless treatment, abuse or neglect, as well as sexual assault. It is an essential issue for the state as it must protect children from harm and abuse. The provinces and states are also accountable for enacting the necessary legal, social, administrative, and educational security measures. LSBE is a strategy for helping youth prepare for the future that is yet to be seen, further adding value to many in the Sustainable Development Goals (SDGs), including SDG 3 to ensure the health of our population and improving wellbeing for everyone, regardless of age and SDG 4. Ensure the accessibility and quality of education for all and encourage lifelong learning.

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Lastly, I thank United Nations Population Fund (UNFPA) and federal & provincial education departments for assisting in promoting LSBE. We will make similar efforts to educate many more LSBE in the coming weeks and days to make a positive change for our future generation and Pakistan.

Messages



Mubashar Nabi
Founder President
ACT International

During these emerging times, there is a need that Pakistan chooses to equip its youth with the proper knowledge, skills, attitude, social awareness, and enthusiasm for much needed socioeconomic development. This option will not only bring prosperity, social cohesion, harmony, and peace to society but also help overcome the multifarious challenges that contemporary Pakistani society is facing. Education is the lynchpin for broader socioeconomic change and function as the interface between Youth and Education policies.

The inclusion of LSBE into the national curriculum of Pakistan is tremendous achievement for ACT, supported by UNFPA, that empowers young generation through providing involvement opportunities, access to positive role models, knowledge and skills development and/or building a sense of personal agency or self-efficacy.



Rafique Tahir
Chairman, Center of Excellence,
Allama Iqbal Open University

For our young generation to thrive in their careers and stand up as leaders in society, they will need the skills and competency to bring different people together from across boundaries to solve common problems. Being provided with the honor of leading the development of National Curriculum of Pakistan, I have witnessed that the incorporation of LSBE into the National Curriculum is a tremendous initiative taken by ACT and UNFPA that equipped young people with the skills and experiences to become leaders who can make an impact in a society. As agents of their own development, LSBE enables the youth to deal with the challenges of life by providing them with the strength to protect themselves against violence, abuse and mistreatment.



Khuwaja Mazhar ul Haq
Deputy Secretary School Education
Department South Punjab

Life Skills-Based Education (LSBE) is the ability to adopt positive behavior that enables individuals to deal effectively with the demands and challenges of everyday life. Keeping in view the local demographics of the south Punjab region, the LSBE is an opportunity in strengthening the survival skills and devolution at the ground level. The year 2022 was witnessed as a great year for the success of LSBE. School education Dept SP Acknowledged the efforts of ACT and UNFPA working for the promotion of LSBE. We have successfully trained a cadre of 120 young student council members, 96 transgenders and developed a strategy for Out-of-School-Children (OOSC) through promotion of 1234 helpline. School Education dept SP is looking forward to work with ACT for the development of youth in coming years.



Raja Muhammad Naseer Khan
Director General Curriculum Research &
Development AJK

The primary purpose of Life Skills-Based Education is to enable students or youngsters to manage their lives effectively and plan out their daily activities. It helps in developing the child's efficiency so that he can assess his knowledge and intellect in unexpected scenarios. This is the reason we focus on life skills-based education. The overall personality of a child is taken into consideration when teaching life skills. It gives students the courage to face the challenges to achieve any goal and strength to deal with any kind of circumstance. If life skill education is added to the school curriculum, then schools will definitely produce better results.

Aiming Change for Tomorrow (ACT), in collaboration with UNFPA is working on LSBE in AJ&K. With the support of ACT, the department of Elementary & Secondary Education has conducted teacher training workshops on LSBE, an now the teacher is capable of guiding young learners regarding decision making and better choices for developing and maintaining relationships in their social life. It has been decided that LSBE concept will be added as compulsory component of different training programs in AJ&K. Another important area is also being focused on by ACT, that is inclusive curriculum on LSBE. The Government of AJ&K appreciates the initiatives taken by ACT for LSBE and very keen to implement all LSBE initiatives including inclusive LSBE curriculum in AJ&K.



Prof. Dr Abdul Hameed
Distinguished Professor of Inclusive
Education SSH, University of
Management and Technology,
Lahore

Aiming Change for Tomorrow (ACT) was introduced to me a few months back, and we soon decided to work together on an innovative project. Now after working for six months, I feel honored in collaborating with an organization of such high reputation working on several fronts for social development in Pakistan. We have successfully developed Disability Inclusive Life Skills Based Curriculum For Children And Young People With Disability/ Special Needs. The working of ACT is very professional with highly qualified and skilled staff. I am impressed with the way they conduct their development work. Their networking with donor organizations is built on very strong mutual trust, competitiveness and professional compliance. I look forward to working with ACT in future projects of national interest.



Alisha Sherazi
Coordination Officer,
Consultant & Teacher

I am very much pleased to have joined this training, and to have trained with transgender individuals. It was very refreshing and impressive to see transgender participation. The students have not only enhanced their confidence because for the first time, they're being included, but more than that, the training enhance their knowledge, skills and attitudes as well in a really effective way. Every trans-persons has learnt so much and is energetic to learn even more. In my view, they especially benefit from the information on rights, such as in the Reproductive Health and Rights session. Now that they're implementing such ideas in their own lives, their life become better. So this training builds up confidence, understanding of their rights, writing skills, learning of life skills, community work, leadership and cooperation with each other. So I feel this type of training is very beneficial for transgender individuals. I hope in future more training of this types are planned for transgender persons so we can improve our communities, Insha Allah.

Teachers' Training on Life Skills-Based Education in Gilgit Baltistan

The training was organized in continuation of the Teacher's Training program of NCC with a particular focus on Life Skills Based Education. For this purpose, ACT, in collaboration with National Curriculum Council (NCC), Ministry of Federal Education & Professional Training (MoFEPT) Government of Pakistan, developed LSBE-focused teachers' training manuals. The manual adopts an inclusive approach for the capacity building of teachers who teach students as an integrated subject and has been developed keeping Pakistan's educational demographic and socio-economic realities in mind. So far, approx. 800 teachers have been trained on LSBE across Pakistan. These trainings were conducted mainly in the areas of ICT, GB, AJK, KPK and South Punjab.

During the last quarter, 4 teachers' training on LSBE were organized in KP, AJK and South Punjab and around 500 primary school teachers were trained. Followed by this, 5 teachers' training on LSBE was conducted from 2nd Nov – 5th Nov 2022 in GB where primary school teachers from various regions of GB participated. A total of 162 teachers were provided with an in-depth understanding of the composition of LSBE as well as its implementation requirements. They gained a better understanding of its significance in the context of evolving situations and procedures to follow for effective understanding. Using the teachers' training manuals, the training ensures that teachers will be able to develop hands-on skills in the use of key pedagogies/ instructional methods required to teach Life Skill concepts with the help of textbooks and other resources. Also, teachers will focus on the appropriate ethical and social development of children and will be able to encourage fostering reasoning, problem-solving, critical thinking and creative skills among students.

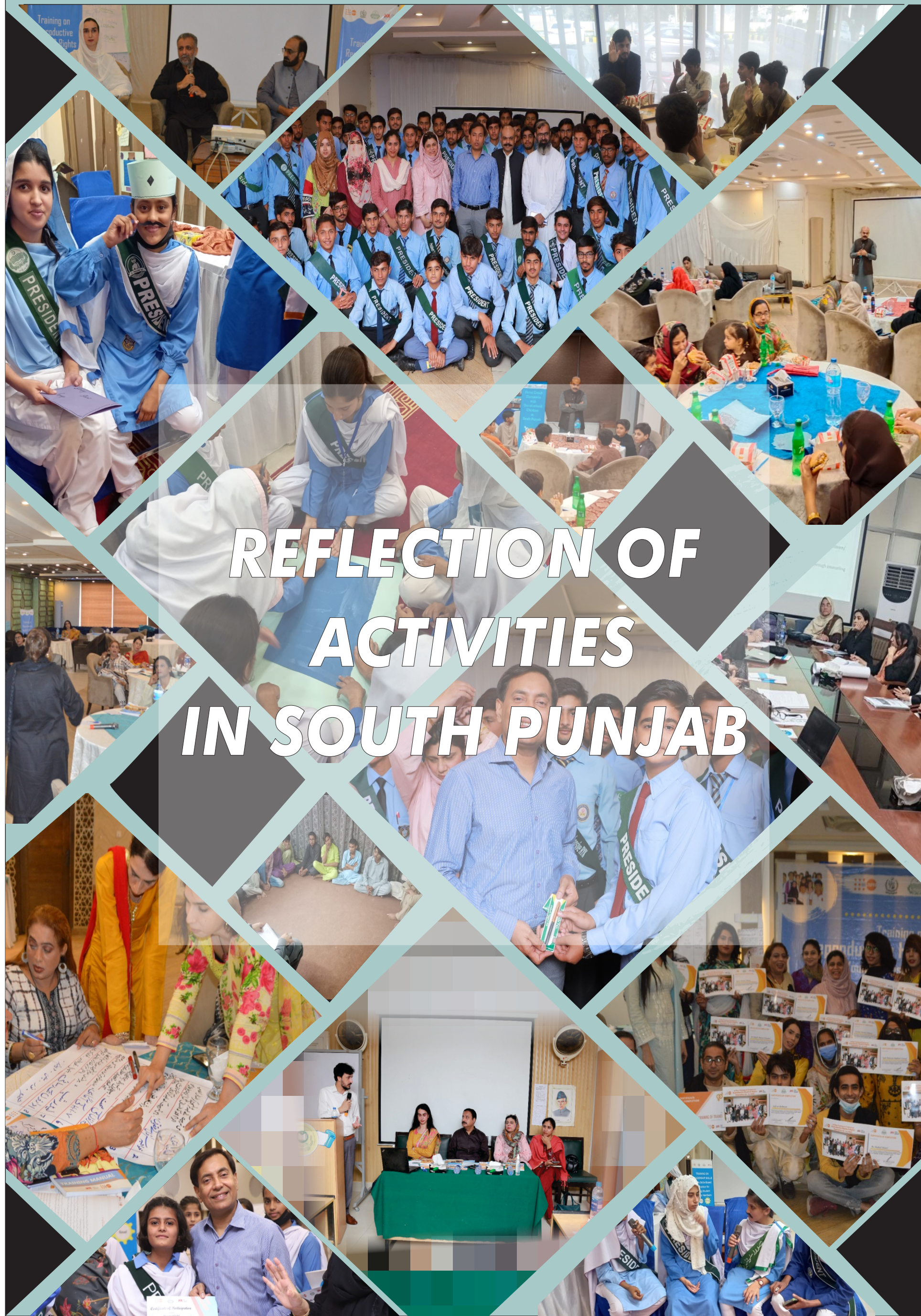


Cascade Training For Young Scouts on Life Skills-Based Education

ACT, with the support of UNFPA, entered into an agreement to provide assistance in developing or reviewing the existing curriculum of the Boy Scouts and incorporating a life skills-based education component. After the development and approval of the curriculum, ACT organized a one-day Training of Trainers (TOT) for scouts on Life Skills-Based Education, with the goal of having these master trainers further train young volunteers/scouts through a cascade training model.

As part of its efforts to impart Life Skills-Based Education to young scouts, ACT organized two cascade sessions for scouts at the Islamabad Model College for Girls F-6/2 on October 29, 2022, in which 40 scouts were trained. The overall objective of this training was to prepare the scouts for the effective implementation of the new concepts of life skills. Through the LSBE orientation training, the scouts gained an in-depth understanding of the components of LSBE and the requirements for its implementation. They also learned about the importance of LSBE in various situations and the procedures to follow for effective understanding.

The CEO of ACT, Mr. Mubashir Banoori, officially opened the training and highlighted its objectives. The lead trainer, Ms. Noor ul Ain, then provided an orientation on LSBE to the scouts. The training consisted of five sessions on life skills, human rights, health and hygiene, gender discrimination, and gender-based violence. All participants actively participated in a number of activities during the training that helped them to apply these life skills in their daily lives. At the end of the training, the principal of the Islamabad Model College for Girls F-6/2, Ms. Aliya, appreciated and acknowledged the efforts of UNFPA and ACT. Certificates were distributed to all participants for successful completion of the training.



REFLECTION OF
ACTIVITIES
IN SOUTH PUNJAB

10 days Residential ToT on Reproductive Health & LSBE with Transgenders in South Punjab



ACT International is an implementing partner of United Nations Population Fund (UNFPA) for the project on Reproductive Health and Rights focusing on young people and building their capacities. The purpose of this project is to create and strengthen the group of young trainers that could later work as master trainers to build the capacity of the youth and others in their communities on Reproductive health rights. The training was based upon innovative training methodologies for RHR to understand technical terms more effectively. For this purpose, a training module, as a reference document, has been developed and also translated into Urdu for a better understanding of all the participants. Along with this handbook, a ToT manual has been prepared to guide young trainers about the entire training process to work as independent trainers with the shadowing support of expert trainers. 10 days ToT was organized at Multan on 5th September, 2022 where 16 transgenders from various districts of south Punjab were trained on Reproductive Health and Rights (RHR). The participants were briefed on concepts of Andragogy & Pedagogy, narratives of human rights aligned with the universal declaration of human rights (UDHR), Sustainable Development Goals (SDGs) and RHR leadership. At the end of the training sessions Mock Sessions were conducted in which all the participants have to present the crux of the knowledge gained.

Cascade Training of Transgenders

A series of four cascade training events on reproductive health and rights (RHR) were held in September 2022 in the districts of Multan, Bahawalpur, and Dera Ghazi Khan. A total of 80 transgender individuals attended the training, including 40 from Multan, 20 from Dera Ghazi Khan, and 20 from Bahawalpur. The group of transgender attendees was diverse in terms of education, interests, and professions, with some having a Masters' degree or graduation. However, the majority had only completed primary education or less.





ToT for Young Student Council Members on Leadership Skills and LSBE

Pakistan has a vibrant history of student politics. Students were actively participating in Students' Union Elections and played an important role in looking after the interests of students. But unfortunately, history is a witness that the culture of students' unions could not prevail in our educational institutions because they often got involved in politics.

In an effort to change this, the Secretary of the School Education Department South Punjab, Dr. Ehtasham Anwar, initiated the creation of Student Councils. Unlike unions, which can involve students in political activities, councils do not have room for such conduct.

The School Education Department has attempted to implement this system in schools in South Punjab. For this purpose, 11 districts were selected to nominate school representatives for training. ACT, in collaboration with UNFPA and the School Education Department, organized a 3-day training on leadership and life skills for young student council members in Multan from September 26-28, 2022 for boys and from September 30-October 2, 2022 for girls. A total of 120 students participated in the training from 11 districts in South Punjab, with four batches of 30 students each - two batches for girls and two for boys. The training was held at the Avalon Hotel in Multan.

The purpose of the training was to foster basic life skills and leadership skills in the student councils, and to design the training to:

- Develop and nurture leadership skills in students
- Equip students with life skills such as management, communication, and confidence
- Revive co-curricular activities in public schools by actively engaging students
- Train students in taking and fulfilling responsibilities
- Introduce democracy and democratic values at the grassroots level.

Development and roll out of outreach strategy for enrollment of OOSC through promotion of 1234 helpline

ACT developed strategy for the engagement of Out-of-School-Children (OOSC) through 1234 helpline. For this purpose, ACT conducted five FGDs with OOSC and parents/caretakers in Multan, 87 children (57 boys 30 girls) 20 parents/caretakers and the identification of children was carried out at workshops, Sarafa Bazar, Embroidery centers, Home labor, Barber shops etc. ACT also ensured participation of caretakers of the children including their parents/ guardians. The outcome of five FGDs conducted with OOSC, parents and caretakers of OOSC has increased enrollment in Subh-e-Nau schools and created demand.



The results of FGDs were presented through a comprehensive report which shows the effective tools of engaging OOSC and bringing them back to their schools. The OOSC strategy also describes the promotion strategy of 1234 helpline. The radio messages developed and executed at radio channel; FM 96. During the FGDs, OOSC has shown their interest in returning back to schools' subject to availability of all the necessary arrangements which hinders them going to schools. The reasons are mostly related to poverty, teachers' attitude, lack of information about subhe nou schools. The developed strategy has been shared with UNFPA and education department SP for their review and approval.

National Workshop on Showcasing Best Practices of Life Skills-Based Education

ACT International conducted an experience sharing workshop with all the trained teachers from public sector primary schools of AJK, KP, GB, ICT and South Punjab. A total of more than 100 participants participated in experience sharing and cross learning workshop.

The workshop was organized at AIOU, Islamabad and the event were chaired by the Federal minister for Education, Mr. Rana Tanveer Hussain. Other dignitaries were; Maj.Gen. Muhamamd Asghar – DG FGEI (Cantts/Garrisons), Dr. Ehtasham Anwar – Secretary education SP, Dr. Rubina Ali – Assistant Representative a.i UNFPA, Mr. Muhammad Rafique Tahir – Chairman Center of Excellence AIOU, Vice Chancellor AIOU and CEO ACT. Along with that, all the education managers from GB, AJK, KP, ICT and South Punjab participated which includes; Mr. Gohar Ali Khan – DPD KP, Ms. Hina Chaudhry – SED South Punjab, Mr. Raja Naseer – DCRD AJK, Mr. Sajjad Khan – Education Dept GB, Mr. Qaisar Alam – Chairman FBISE, Mr. Ghulam Ali Mallah – DG IPCC and representatives from civil society organizations, FDE, Special education depts etc. also participated.

The workshop presented overall success of LSBE activities across Pakistan to the major stake holders and decision makers. The impact of teacher straining was highlighted and the change in attitudes of teachers was evident. The workshop provided a platform of cross learning and sharing best practices on LSBE.

Token of appreciation was presented by the honorable chief guest to all the education managers and teachers in recognition of their services towards the promotion of LSBE in Pakistan.



Breast Cancer Awareness Launching Campaign

October is recognized worldwide as "Breast Cancer Awareness" month. Since 2018, the President of Pakistan, Mr. Arif Alvi, and First Lady, Begum Samina Alvi, have launched a nationwide breast cancer awareness campaign every year in October. This year's event took place on October 10, 2022 at Aiwan e Sadar in Islamabad and was attended by ministers, diplomats, health practitioners, international and national organizations working in Pakistan, and hundreds of women from various backgrounds. The team from Aiming Change for Tomorrow (ACT), Shifa International, Dopasi, and the World Health Organization (WHO) set up kiosks that caught the attention of the attendees. ACT International also distributed pink ribbons, the universal symbol for breast cancer awareness, to those who were unaware of the issue.

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During the event, the President highlighted that as a developing country, Pakistan cannot afford to treat diseases, making it necessary to focus on prevention. He mentioned that the efforts of the First Lady and other partners over the past four years were making an impact, as the number of women seeking treatment for breast cancer at an early stage was increasing, which would ultimately reduce the mortality rate.

At the end of the event, the President and First Lady of Pakistan encouraged the audience to join together in this movement to save women's lives. They emphasized the importance of prioritizing self-health and encouraged people to break social taboos and raise their voices against breast cancer.

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Consultative Workshops on Draft Inclusive LSBE Curriculum

Acting Change for Tomorrow (ACT) International has been working in collaboration with the MoFEP&T and NCC over the past few years and initiated various program interventions related to Life Skills-Based Education. A multipronged program was initiated by UNFPA and ACT International to engage the National Curriculum Council (NCC) and Federal Ministry of Education for inclusion of the Life Skills Based Education (LSBE) in a Single National Curriculum. Similarly, a series of events was launched for teaching LSBE in schools in keeping with LSBE-aligned National Curriculum.

ACT International has initiated a new intervention for differently abled young persons. For this purpose, the draft LSBE curriculum based on Inclusive Education was developed. At the development stage of curriculum, 4 mini consultative workshops were organized, each on different kind of disability which includes; physical disability, intellectual disability, hearing disability and visual disability. Since the curriculum addresses major 4 kinds of disabilities, therefore separate mini consultative workshops were organized with relevant experts.

The second consultative workshop was organized at Allama Iqbal Open University (AIOU) on 29th November 2022 (Wednesday), to review the Draft of Inclusive LSBE Curriculum developed for differently abled young people. Participants from UNFPA, Ministry of Human Rights, civil society organizations working on disability, Federal & provincial ministries of education etc attended the workshop and shared their feedback upon the draft LSBE Inclusive curriculum.

The workshop comprised of 4 sessions, the first session was officially commenced by Mr. Muhammad Rafique Tahir, Chairman, Center of Excellence AIOU, he welcomed all the participants and briefed them with the overview of inclusive education in Pakistan. Approximately 6.3 million children are disabled in Pakistan whereas there are 18 schools in Pakistan based on inclusive education in which 847 students are enrolled including both boys and girls.

The second session was led by Prof. Dr. Abdul Hameed, a distinguished professor of UMT, who highlighted the objectives of the workshop. He was of the opinion that there should be segregated and informal schools for differently-abled young people. He further stated that the development of an inclusive curriculum is a great challenge in Pakistan due to the diversification of different disabilities. Subsequently, Dr.

Afaf Manzoor, Assistant Professor - Department of Special Education in University of Education, explained the competency matrix, all the thematic areas, the framework adapted, and specific issues for clarification.

The third session was led by Ms. Maida Saboor, MPhil Scholar UMT. She briefly gave a presentation on the draft "Inclusive LSBE Curriculum" for young people with disabilities. The presentation briefly included the Rationale of LSBE, LSBE themes for young people with disabilities, instructional strategies and Steps involved in the development of the curriculum. She described the way she reviewed the literature, and identify culturally relevant and academically appropriate activities in order to draft and gradually refined the curriculum. At the end of the presentation, a Q&A session was held to address the views of participants.

Lastly, the fourth session comprised group activity and presentations. Participants were divided into 4 groups on the basis of each disability led by the relevant disability expert. Each group consisted of 5 participants. The participants reviewed the relevant disability section of the curriculum and suggested recommendations accordingly. Every group presented their suggestions accordingly to all the participants in order to develop a mutual



Women & Girls Friendly Space (WGFS)

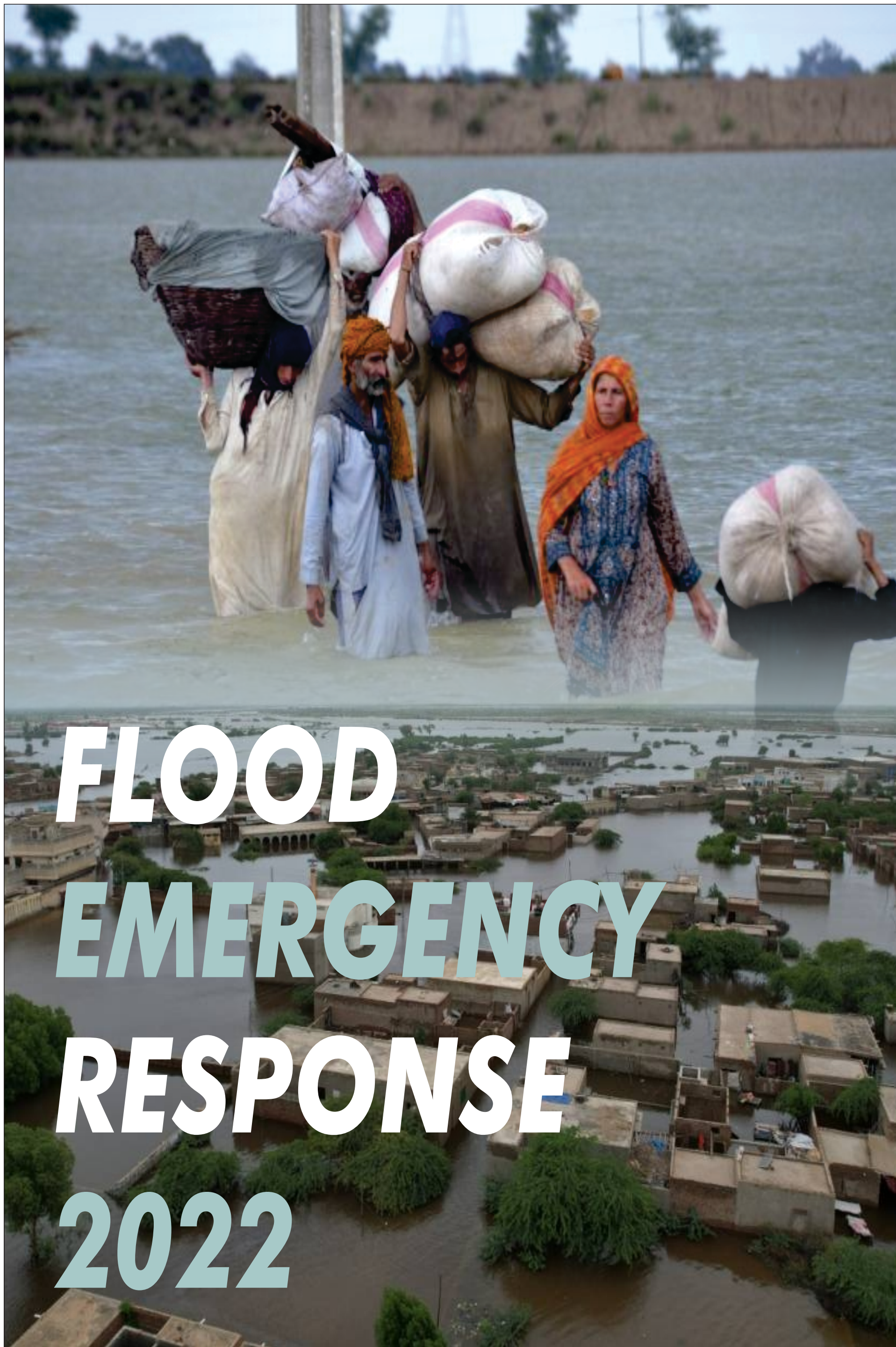
In light of the catastrophic flood situation in Pakistan, ACT and UNFPA established a women and girl-friendly space (WAGFS) in the Village Patti Jumma Arain, Union Council Jahanpur of Tehsil Rajanpur. The center, which is about 25 km from Rajanpur city, was built in an existing community center that had been constructed by the National Rural Support Program in 2012-13, but was in poor condition due to a lack of proper care. ACT renovated the building and constructed one washroom for women and girls.

The project staff engages local women, adolescent girls, and children in various activities at the center in order to help them overcome the trauma caused by the flood and improve their skills and knowledge. These activities include indoor and outdoor games for children, hygiene promotion sessions, group discussions, individual counseling about gender-based violence (GBV), group activities such as planting and embroidery work, and identification and registration of the most vulnerable families for assistance.

About 60 women, 60 adolescent girls, and children visit the facility on a daily basis. The project staff visited various hamlets during the first week of October 2022 to inform families about the WAGFS and its purpose, and the community response was very positive. The males of the local community now encourage their women, girls, and children to visit the facility.



FLOOD EMERGENCY RESPONSE 2022



Mobile Health Unit (MHU)

To provide basic healthcare services to flood-affected families within their communities, ACT International, with the support of UNFPA, began offering Mobile Healthcare Services in District Rajanpur through a Mobile Health Unit (MHU). The MHU is an ambulance equipped with modern medical facilities and experienced staff, and it visits various communities in Union Council Jahanpur and Fazilpur. Since healthcare services are not available in the flood-affected area, the MHU is greatly appreciated by flood-affected women, girls, and children. ACT initiated MHU services in both peripheral and core areas of Rajanpur District.

The services provided at the MHU include antenatal care (ANC), postnatal care (PNC), and gynecological care. The unit set up 33 camps in District Rajanpur, and a total of 1,504 patients visited, including 566 children, 894 females, and 44 males from Basti Patti Jumma Arain, Basti Kishani, Basti Allah Wasaya, Basti Chak Burda, Chak Jalalpur, and Basti Sarki. The targeted groups were women, pregnant and lactating women, girls, and children, and the services provided included screening, ANC/PNC services, and medicine. The number of patients was higher than the planned targeted ratio of 67 patients per day.



Distribution of Dignity Kits

The distribution process of dignity kits was initiated in November 2022. Initially, the mapping was done and followed by that, field work in the community was carried out by ACT volunteers in nearby tehsils of Rajanpur for the identification of beneficiaries. The criteria for kits distribution was determined on the basis of people's vulnerability, needy, disability and people extremely affected by floods.

The beneficiaries identified for distribution of kits included pregnant women, lactating women and adolescent girls of WGFS in Rajanpur. Among 120 beneficiaries, dignity kits were distributed

16th Days of Activism



Reduce tolerance and prevention of gender-based violence through awareness raising, education and information sharing

The 16 Days of Activism against Gender-Based Violence is an annual international campaign that takes place from November 25 to December 10. It was started by activists at the inaugural Women's Global Leadership Institute in 1991 and is coordinated each year by the Center for Women's Global Leadership. The campaign is used as a organizing strategy by individuals and organizations around the world to call for the prevention and elimination of violence against women and girls.

The global theme for this year's 16 Days of Activism, which will run from November 25 to December 10, 2022, is "UNITE! Activism to End Violence Against Women and Girls". In observance of these international days, ACT organized a one-day event to commemorate the 16 Days of Activism at the WGFS in Rajanpur for flood-affected women, girls, and men. The focus of the event was on eliminating gender-based violence, and sessions included awareness raising on gender-based violence, disability inclusion, and women's empowerment. All participants signed a pledge wall, committing to raise their voices to end gender-based violence.



Training on Gender Based Violence (GBV) at WGFS in Rajanpur

In the wake of the country's worst natural disaster, displacement due to floods creates a host of risk factors that increase the vulnerability of women and girls to many forms of violence. The rights, needs, and vulnerabilities of women and girls are sometimes overlooked in emergencies when many humanitarian actors focus on reaching a large number of people in the shortest time. There is a great need to recognize that gender-based violence can occur in these situations.

In light of this situation, ACT, in partnership with UNFPA, organized a one-day ToT on the prevention of GBV for food-affected women and girls at ACT and established the WGFS center in Patti Juma Arain, District Rajanpur. For this purpose, a GBV training manual was developed in English and translated into Urdu for participants understanding. The training methodologies adopted during the training included; presentations, brainstorming, sharing of best practices, lectures, Interactive Discussion, Group activity, and energizers. 15 beneficiaries were trained on the prevention of GBV and introduced referral mechanisms. They were sensitized on the prevention of GBV, RHR, and Menstrual Hygiene Management and introduced a referral mechanism. The sessions on Infant feeding and hygiene promotion in emergencies were also delivered along with the provision of psycho-social support.



Cascade Training Sessions on GBV at WGFS in Rajanpur

Followed by 15 Females Trained in ToT on the prevention of GBV, 10 cascade sessions were conducted in the district of Rajanpur. The women, sensitized in ToT, delivered this training and trained 250 women and girls on the prevention of GBV by adopting the methodologies of ToT.



The Developmentalist

A PROJECT OF LIFE SKILLS BASED EDUCATION

Approved By

Mubashir Banoori

Edited By

Ali Abbas

Design By:

Umer Tanveer Qureshi

Support & Reviewed by

Daniyal Jalil Khan & Iqra Riffat

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Aiming Change for Tomorrow (ACT) is a registered not-for-profit rights based national organization focusing on women, youth, children and marginalized segments of the society.

For suggestion & feedback, please approach us:

Email: info@act-international.org

Contact No: +92 51 831 2843-26

Web: www.act-international.org,

Address: Plot#238, Street #06,1-9/2 Islamabad

